



On-Campus Course Syllabus

PSY 407

Introduction to Clinical Psychology

Spring 2023

Class Information

Day and Time: independent study

Room Number: E206

Contact Information

Instructor Name: Jennifer R. Burgess, PsyD

Instructor Email: jburgess@criswell.edu

Instructor Phone: 214-818-1372 office, 817-559-4045 cell

Instructor Office Hours: Monday by appt, Thursday 9:30am-1:30pm

Course Description and Prerequisites

An overview of practical issues in the clinical setting. Emphasis is on common ethical and legal issues, essential counseling skills, and spiritual, educational, and experiential formation of the counselor.

Course Objectives

- Understand different perspectives, training, licensure, and their application in psychology and other areas of mental health
- Be able to list activities, ethical codes, and guiding principles which define practice of psychology
- Be able to identify training, educational principles, licensure steps, and career fields within the field of psychology and mental health
- Learn overview of diagnostic system currently in practice and be able to identify positive and negative elements of use of diagnostic labels
- Describe theories which form the basis of understanding for psychotherapeutic interventions and treatment planning, and explain evidence based intervention models
- Identify and explain multicultural issues and potential impact in the work of psychology
- Explore integration of spiritual worldview with secular perspectives in psychology

Required Textbooks

Pomerantz, A. M (2020) *Clinical Psychology* (5th Ed). Sage Publications, Inc: Los Angeles. ISBN : 9781544333601

Recommended Reading

Additional readings as required will be uploaded into the individual modules in Canvas.

Course Requirements and Assignments

- Three Quizzes (100 points each): There will be three exams over the course of the semester. Each exam will be multiple choice and taken online through Canvas. Exams will cover material primarily from the

text, but may also include information from lectures, and other required reading items. Students are expected to complete the exam without referencing any course materials. There will be time limit of 90 minutes to complete each exam. Thus, students should appropriately prepare for and study for the exams to complete them in the allotted time. A quiz will lock at the 90 minute mark and the completed work will be graded at that point. Exams must be completed by 11:59pm on the assigned due date. No late exams will be graded without prior approval from the instructor. There will not be a face to face meeting the week of an assigned exam.

- Clinical Response Papers (four papers, 50 points each) – There will be 4 written response papers due throughout the semester. For each assignment, students will be presented with information pertaining to a key area of clinical psychology and expected to complete a task associated with that information. Students will be expected to review the required theoretical information, complete the task, and then formulate a thoughtful, well informed, written response to the material. These papers are expected to be well supported with **integration from the written material**, student's own experience with the activity, as well as one's Christian Worldview. In general, these are to form the basis for students to explore, challenge, and/or integrate knowledge and understanding of the field of Clinical Psychology within one's own experiences and perspectives. These papers should reflect both an examination of the theoretical information with which the student is presented as well as one's personal experience completing the task. Each assignment should be 3-4 pages in length (not including the cover page and reference page which are required). They are expected to be double spaced and follow APA formatting guidelines (this is a graded element for this assignment).

Most of these assignments are based on information in the textbook and require completing an interview, online assessment, or other task. The Genogram assignment will require students to download and utilize GenoPro software. The professor has set up a free academic trial account for this purpose which you can access for 180 days. The website to download and install this software is <https://genopro.com/registration/> and the referral ID is jburgesspsyd. *Tip: this software does not work well with MAC computers. If you do not have access to a PC for the purposes of this assignment, you must let the professor know ASAP so that alternate arrangements can be made in the computer lab.

- Class Participation (50 points) - Students are expected to participate in classroom discussions in order to adequately demonstrate learning of the topics covered in this course. Various tasks and discussion topics will be utilized throughout the course in order to add greater depth of understanding for students related to various discussion topics. In order to adequately participate in classroom discussion, students are expected to complete all required readings, view the pre-recorded lecture materials for that week, as well as any other required tasks outlined on canvas for that week's module. Lack of preparation for the weekly discussion time or failure to attend class regularly will jeopardize a student's class participation grade. Missing more than 2 class periods (or failing to be properly prepared for these discussion) without prior instructor approval will result in 10 points deduction from class participation grade, with 5 points per additional discussion time missed deducted from the total grade.

Course/Classroom Policies and Information

LATE WORK - All assignments are expected on or before the deadline indicated in the syllabus. If unforeseen, extenuating circumstances arrives, students should contact me as soon as possible to discuss the potential impact of the situation. In general, late assignments will not be accepted without prior approval from the

instructor, and then may incur a penalty depending on the circumstances. It is strongly encouraged that students not wait until the just before a due date to submit assignments or complete tests through Canvas. IT issues may jeopardize your ability to complete the assignment by the due date, and extensions for technical issues are typically not granted unless the problem is extensive and affects class wide availability. Waiting to submit an assignment until just before class begins and then experiencing IT issues DOES NOT automatically guarantee your assignment will be accepted. Late work not given prior approval to be submitted after the due date will be given a grade of 0.

ASSIGNMENT SUBMISSIONS – All assigned work and quizzes must be completed through Canvas and be submitted prior to beginning of class time, unless otherwise posted. Assignments not submitted by the start of class, may not be accepted for grading. It is strongly encouraged that students not wait until the last minute to submit graded work. It is the instructor’s preference that students submit all work in .docx format for uniformity of submission. It is a graded requirement that students submit all work consistent with APA formatting as it is considered a standard presentation format within the field. Lack of attention to this component will likely cost students a letter grade on the assignment.

Extra credit work is not permitted. Students are expected to plan and execute assigned work sufficiently throughout the semester to earn the grade they wish from the course. Students are welcome to seek tutoring or additional help from Dr. Burgess during office hours at any point during the semester (appointments are recommended). If students are not scoring well on quizzes or written work, Dr. Burgess is very accessible to discuss ways in which the student may improve scores on future work.

COMMUNICATION WITH DR. BURGESS - My goal is to respond to email within 24 hours during the week and within 48 hours from communications over the weekend. As a general rule, I typically refrain from responding to email over the weekend. Should you have a pressing question or more immediate issue, you are welcome to text me, but recognize it may still take some time for me to respond to questions asked. As such, students are strongly encouraged to begin assigned tasks well before the due date so as not to jeopardize completion of an assignment on time because of technology problems or other complications. I strive to have all papers graded within 5 days of the due date for a written assignment. This allows for expedient feedback which students can integrate into future assignments. If texting, students are asked to be respectful of the time of day. Due to the potential for emergencies with active therapy clients, my cell phone is on audible throughout the night. Please make every effort to only text me during reasonable time periods during the day. Students are also encouraged to schedule an appointment during my office hours to discuss questions, concerns, or guidance they may need. Voicemails left on my official campus voicemail will be checked during office hours only. If your issue is pressing and cannot wait, texting or emailing is likely going to be a better option.

Class Attendance

Students are responsible for enrolling in courses for which they anticipate being able to attend every class session on the day and time appearing on course schedules, and then making every effort to do so. When unavoidable situations result in absence or tardiness, students are responsible for acquiring any information missed. Instructors are not obliged to allow students to make up missed work. Per their independent discretion, individual instructors may determine how attendance affects students’ ability to meet course learning objectives and whether attendance affects course grades.

Campus Closure

To ensure the health and safety of students and employees, college administrators may decide it is necessary on rare occasions to close the campus. Once this decision is announced, instructors will contact students to provide further details regarding the campus closure's impact on those courses. Students are responsible to watch for communication from their instructors and respond appropriately. (Unless otherwise specified by the instructor in this syllabus, this communication will be sent to the student's Criswell College e-mail account.)

In order to make progress toward the courses' objectives, instructors have the freedom during most campus closures to require students to participate in activities as alternatives to meeting on campus. An instructor may, for example, hold class remotely (through Zoom) at the scheduled time, provide a recording of a class or presentation for students to watch independently, or assign other activities that students are to accomplish before returning to campus. Students are responsible for accomplishing these alternative activities as well as any course requirements listed in this syllabus during the period of the campus closure. If, during the period of the campus closure, personal circumstances prohibit a student from accomplishing these alternative activities or course requirements and assignment listed in the syllabus during the campus closure, the student is responsible for communicating with the instructor as soon as possible. Instructors will not penalize students who do not have the means to accomplish the alternative activities during the period of the campus's closure and will work with students whose circumstances during the campus closure prohibited their timely completion of course requirements and assignments in the syllabus.

Grading Scale

A	93-100	4.0 grade points per semester hour
A-	90-92	3.7 grade points per semester hour
B+	87-89	3.3 grade points per semester hour
B	83-86	3.0 grade points per semester hour
B-	80-82	2.7 grade points per semester hour
C+	77-79	2.3 grade points per semester hour
C	73-76	2.0 grade points per semester hour
C-	70-72	1.7 grade points per semester hour
D+	67-69	1.3 grade points per semester hour
D	63-66	1.0 grade point per semester hour
D-	60-62	0.7 grade points per semester hour
F	0-59	0.0 grade points per semester hour

Assignment Weights

Each assignment group will be averaged and weighted for the computation of the final grades as follows:

Exams 40%

Clinical Response Papers 40%

Class Attendance 20%

Incomplete Grades

Students requesting a grade of Incomplete (I) must understand that incomplete grades may be given only upon approval of the faculty member involved. An “I” may be assigned only when a student is currently passing a course and in situations involving extended illness, serious injury, death in the family, or employment or government reassignment, not student neglect.

Students are responsible for contacting their instructors prior to the end of the semester, plus filing the appropriate completed and approved academic request form with the Registrar’s Office. The “I” must be removed (by completing the remaining course requirements) no later than 60 calendar days after the close of the term or semester in which the grade was awarded, or the “I” will become an “F.”

Academic Honesty

Absolute truth is an essential belief and basis of behavior for those who believe in a God who cannot lie and forbids falsehood. Academic honesty is the application of the principle of truth in the classroom setting. Academic honesty includes the basic premise that all work submitted by students must be their own and any ideas derived or copied from elsewhere must be carefully documented.

Academic dishonesty includes, but is not limited to:

- cheating of any kind,
- submitting, without proper approval, work originally prepared by the student for another course,
- plagiarism, which is the submitting of work prepared by someone else as if it were his own, and
- failing to credit sources properly in written work.

Institutional Assessment

Material submitted by students in this course may be used for assessment of the college’s academic programs. Since programmatic and institutional assessment is done without reference to specific students, the results of these assessments have no effect on a student’s course grade or academic standing at the college. Before submitting a student’s work for this type of assessment, the course instructor redacts the work to remove anything that identifies the student.

Institutional Email Policy

All official college email communications to students enrolled in this course will be sent exclusively to students’ institutional email accounts. Students are expected to check their student email accounts regularly and to respond in an appropriate and timely manner to all communications from faculty and administrative departments.

Students are permitted to setup automatic forwarding of emails from their student email accounts to one or more personal email accounts. The student is responsible to setup and maintain email forwarding without assistance from college staff. If a student chooses to use this forwarding option, he/she will continue to be responsible for responding appropriately to all communications from faculty and administrative departments of the college. Criswell College bears no responsibility for the use of emails that have been forwarded from student email accounts to other email accounts.

Disabilities

Criswell College recognizes and supports the standards set forth in Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and similar state laws, which are designed to eliminate discrimination against qualified individuals with disabilities. Criswell College is committed to making reasonable accommodations for qualifying students, faculty, and employees with disabilities as required by applicable laws. For more information, please contact the Student Services Office.

Intellectual Property Rights

Unless otherwise specifically instructed in writing by the instructor, students must neither materially nor digitally reproduce materials from any course offered by Criswell College for or with the significant possibility of distribution.

Resources and Supports

Canvas and SONIS: Criswell College uses Canvas as its web-based learning tool and SONIS for student data. Students needing assistance with Canvas should contact the Canvas Help Support line at (844) 358-6140. Tech support is available at this number, twenty-four hours a day. Students needing help with SONIS should contact the Campus Software Manager at studenttechsupport@criswell.edu.

Student Services: The Student Services Office exists to foster and encourage success in all areas of life—physical, intellectual, spiritual, social, and emotional. Students are encouraged to reach out for assistance by contacting the office at 214.818.1332 or studentservices@criswell.edu. The Student Services Office also works with local counseling centers to ensure that every student has access to helpful mental health resources. More information is located on the college website at [Criswell College Mental Health Resources](#), and students may contact the Director of Student Services if they have any questions.

Wallace Library: Students can access academic resources and obtain research assistance by contacting or visiting the Wallace Library, which is located on campus. For more information, email the Wallace Library at library@criswell.edu. Offsite login information is available in Canvas in the “Criswell Student Training Course” under “Library Information.”

Tutoring Center: Students are encouraged to consult with tutors to improve and enhance their skills and confidence in any subject matter taught at the college. Tutors have been recommended by the faculty to ensure that the tutor(s) are qualified to serve the student body. Every tutor brings experience and expertise in an effort to provide the proper resources for the subject matter at hand. To consult with a tutor, students can visit the Tutoring Center located on the second floor in room E203, or schedule an appointment by emailing tutoringcenter@criswell.edu or by calling 214.818.1373.

Course Outline/Calendar

Week	Date	Reading	Topic	Assignment Due
1	1/23	Chapters 1 & 2	Introduction and Overview of Clinical Psychology	
2	1/30	Chapters 3 & 5	Ethics and Controversial topics within Clinical Psychology Career Applications	
3	2/6	Chapter 4	Diversity, cultural issues, and spiritual integration in Clinical psychology	Career Reaction Due
4	2/13	Chapter 6 & 7	Diagnosis and Classification of Disorders And Research	
5	2/20	ONLINE	Via Canvas Chapters 1, 2, 3, 4, 5, 6, & 7	EXAM 1
6	2/27	Chapter 8 & 11	Clinical Interview Psychotherapy Efficacy and Overview	
7	3/6	Chapters 9, & 10	Assessments	Personality Reaction Due
	3/13	SPRING BREAK	NO CLASS	
8	3/20	Chapter 12 & 13	Psychodynamic and Humanistic Psychotherapies	
9	3/27	ONLINE	Via Canvas Chapters 8, 9, 10, 11, 12, 13	EXAM 2
10	4/3	Chapter 14 & 15	Behavioral and Cognitive Behavioral Psychotherapies	
11	4/10	Chapter 18	Health and Sports Psychology	CBT Reaction Due
12	4/17	Chapter 16	Group and Family Therapies	
13	4/24	Chapter 17	Child and Adolescent Psychotherapy	Genogram Reaction Due
14	5/1	Chapter 19	Forensic Psychology	Grad. Students Final Exam due by 4/24
15	5/8	ONLINE	Via Canvas Chapters 14, 15, 16, 17, 18, & 19	FINAL EXAM DUE 5/11