

# Online Course Syllabus PSY 407 Introduction to Clinical Psychology Spring 2022

#### **Contact Information**

**Instructor Name:** Jennifer R. Burgess, PsyD **Instructor Email:** jburgess@criswell.edu

Instructor Phone: 214-818-1372 office, 817-559-4045 cell

Instructor Office Hours: Monday 9-11am and Wednesday 9-11am

#### **Course Description and Prerequisites**

An overview of practical issues in the clinical setting. Emphasis is on common ethical and legal issues, essential counseling skills, and spiritual, educational, and experiential formation of the counselor.

# **Course Objectives**

- Understand different perspectives, training, licensure, and their application in psychology and other areas of mental health
- > Be able to list activities, ethical codes, and guiding principles which define practice of psychology
- ➤ Be able to identify training, educational principles, licensure steps, and career fields within the field of psychology and mental health
- Learn overview of diagnostic system currently in practice and be able to identify positive and negative elements of use of diagnostic labels
- ➤ Describe theories which form the basis of understanding for psychotherapeutic interventions and treatment planning, and explain evidence based intervention models
- > Identify and explain multicultural issues and potential impact in the work of psychology
- Explore integration of spiritual worldview with secular perspectives in psychology

#### **Required Textbooks**

Pomerantz, A. M (2020) Clinical Psychology (5th Ed). Sage Publications, Inc: Los Angeles. ISBN: 9781544333601

#### **Recommended Reading**

Additional readings as required will be uploaded into the individual modules in Canvas.

# **Course Requirements and Assignments**

Three Quizzes (50 points each): There will be three quizzes over the course of the semester. Each quiz will be multiple choice and taken online through Canvas. Quizzes will cover material primarily from the text, but may also include information from lectures, and other required reading items. Students are permitted to use any course materials when taking a quiz, but there will be time limit of 75 minutes to complete each quiz. Thus, students should appropriately prepare for and study for the quizzes to complete them in the allotted time. A quiz will lock at the 75 minute mark and the completed work will

be graded at that point. Quizzes must be completed by 11:59pm on the assigned due date. No late quizzes will be graded without prior approval from the instructor. There will not be a face to face meeting the week of an assigned quiz. Rather students will complete the assigned quiz and additional assignments through Canvas on those weeks.

- Discussion Questions (25 points per assignment): There will be three sets of discussion questions for students to explore content from the assigned chapters related to the discussion information presented for each graded unit. Students will be presented a list of questions to which they should respond. These assignments are meant to incorporate the information from the text as well as lecture material and demonstrate a thoughtful response which integrates both the academic material as well as the student's own reflection on the topics. These discussion question assignments will be due in the same week as the quiz and will comprise a written graded element alongside the quizzes. Complete responses will cover the theoretical and academic material as well as the student's perspective on these topics.
- Clinical Response Papers (four papers, 50 points each) There will be 4 written response papers due throughout the semester. For each assignment, students will be presented with information pertaining to a key area of clinical psychology and expected to complete a task associated with that information. Students will be expected to review the required information, complete the task, and then formulate a thoughtful, well informed, written response to the material. These papers are expected to be well supported with integration from the written material, student's own experience with the activity, as well as one's Christian Worldview. In general, these are to form the basis for students to explore, challenge, and/or integrate knowledge and understanding of the field of Clinical Psychology within one's own experiences and perspectives. These papers should reflect both an examination of the theoretical information with which the student is presented as well as one's personal experience completing the task. Each assignment should be 3-4 pages in length (not including the cover page and reference page which are required). They are expected to be double spaced and follow APA formatting guidelines (this is a graded element for this assignment).

Most of these assignments are based on information in the textbook and require completing an interview, online assessment, or other task. The Genogram assignment will require students to download and utilize GenoPro software. The professor has set up a free academic trial account for this purpose which you can access for 180 days. The website to download and install this software is <a href="https://genopro.com/registration/">https://genopro.com/registration/</a> and the referral ID is jburgesspsyd. \*Tip: this software does not work well with MAC computers. If you do not have access to a PC for the purposes of this assignment, you must let the professor know ASAP so that alternate arrangements can be made in the computer lab.

Class Participation (50 points) - Students are expected to participate in classroom discussions via zoom in order to adequately demonstrate learning of the topics covered in this course. Various tasks and discussion topics will be utilized throughout the course in order to add greater depth of understanding for students related to various discussion topics. In order to adequately participate in classroom discussion, students are expected to complete all required readings, view the pre-recorded lecture materials for that week, as well as any other required tasks outlined on canvas for that week's module. Lack of preparation for the weekly zoom discussion time or failure to attend the zoom discussion time

will jeopardize a student's class participation grade. Missing more than 2 zoom discussions (or failing to be properly prepared for these discussion) without prior instructor approval will result in 10 points deduction from class participation grade, with 5 points per additional discussion time missed deducted from the total grade.

# **Course/Classroom Policies and Information**

Internet use is required to complete course lectures, obtain additional reading and video assignments, as well as to complete required course assignments. Remote learning environments depend heavily on the student to complete all expected readings, videos, pre-recorded lectures, and other assigned tasks for the weekly zoom module. These have been developed to add to and expand one's understanding of the material for this course and all readings and additional materials are considered REQUIRED for this course. Failure on the student's part to review all course materials and readings will likely result in poor course performance. Attendance via scheduled remote lectures requires students to be signed in during the scheduled time period, with camera enabled to confirm attendance. Students are expected to actively participate in class discussions via Zoom during schedule remote lectures. Failure to log into the scheduled zoom discussion or to actively participate in the zoom discussion will be counted as an absence. Students will be expected to keep up with the readings, lecture recordings, and additional assignments throughout the semester in order to be fully prepared for these live discussions.

**LATE WORK** - All assignments are expected on or before the deadline indicated in the syllabus. If unforeseen, extenuating circumstances arrives, students should contact me as soon as possible to discuss the potential impact of the situation. In general, late assignments will not be accepted without prior approval from the instructor, and then may incur a penalty depending on the circumstances. It is strongly encouraged that students not wait until the just before a due date to submit assignments or complete tests through Canvas. IT issues may jeopardize your ability to complete the assignment by the due date, and extensions for technical issues are typically not granted unless the problem is extensive and affects class wide availability. Waiting to submit an assignment until just before class begins and then experiencing IT issues DOES NOT automatically guarantee your assignment will be accepted. Late work not given prior approval to be submitted after the due date will be given a grade of 0.

ASSIGNMENT SUBMISSIONS – All assigned work and quizzes must be completed through Canvas and be submitted prior to beginning of class time (do not email written assignments. Upload your .docx files through Canvas). Assignments not submitted by the start of class, may not be accepted for grading. It is strongly encouraged that students not wait until the last minute to submit graded work. It is the instructor's preference that students submit all work in .docx format for uniformity of submission. It is strongly encouraged that students submit all work consistent with APA formatting as it is considered a standard presentation format within the field. However, APA formatting is not a requirement on the shorter response papers. It is a graded element on the longer research paper and lack of attention to this component will likely cost students a letter grade on the assignment.

Extra credit work is not permitted. Students are expected to plan and execute assigned work sufficiently throughout the semester to earn the grade they wish from the course. Students are welcome to seek tutoring or

additional help from Dr. Burgess during office hours at any point during the semester (appointments are recommended). If students are not scoring well on quizzes or written work, Dr. Burgess is very accessible to discuss ways in which the student may improve scores on future work.

**COMMUNICATION WITH DR. BURGESS** - My goal is to respond to email within 24 hours during the week and within 48 hours on the weekend. Should you have a pressing question or more immediate issue, you are welcome to text me, but recognize it may still take some time for me to respond to questions asked. As such, students are strongly encouraged to begin assigned tasks well before the due date so as not to jeopardize completion of an assignment on time because of technology problems or other complications. I strive to have all papers graded within 5 days of the due date for a written assignment. This allows for expedient feedback which students can integrate into future assignments. If texting, students are asked to be respectful of the time of day. Due to the potential for emergencies with active therapy clients, my cell phone is on audible throughout the night. Please make every effort to only text me during reasonable time periods during the day. Students are also encouraged to schedule an appointment during my office hours to discuss questions, concerns, or guidance they may need. Voicemails left on my official campus voicemail will be checked during office hours only. If your issue is pressing and cannot wait, texting or emailing is likely going to get you a quicker response.

#### **Attendance**

Students are responsible for enrolling in courses for which they anticipate being able to participate weekly during the weeks appearing on course schedules, and then making every effort to do so. Such participation may include the following: completing quizzes or exams; emailing faculty or class members as part of an assignment; discussion board posting or response; turning in an assignment; or other communication reflecting ongoing learning in the course. When unavoidable situations result in non-participation, students are responsible for acquiring any information missed. Instructors are not obliged to allow students to make up missed work. Per their independent discretion, individual instructors may determine how participation affects students' ability to meet course learning objectives and whether participation affects course grades.

#### **Grading Scale**

Α	93-100	4.0 grade points per semester hour	
A-	90-92	3.7 grade points per semester hour	
B+	87-89	3.3 grade points per semester hour	
В	83-86	3.0 grade points per semester hour	
B-	80-82	2.7 grade points per semester hour	
C+	77-79	2.3 grade points per semester hour	
С	73-76	2.0 grade points per semester hour	
C-	70-72	1.7 grade points per semester hour	
D+	67-69	1.3 grade points per semester hour	
D	63-66	1.0 grade point per semester hour	
D-	60-62	0.7 grade points per semester hour	
F	0-59	0.0 grade points per semester hour	

All grades are final. Grades are based on performance. Grades are non-negotiable.

#### **Assignment Weights**

Each assignment group will be averaged and weighted for the computation of the final grades as follows:

Quizzes 30%
Discussion Questions 20%
Clinical Response Papers 40%
Class Attendance 10%

### **Incomplete Grades**

Students requesting a grade of Incomplete (I) must understand that incomplete grades may be given only upon approval of the faculty member involved. An "I" may be assigned only when a student is currently passing a course and in situations involving extended illness, serious injury, death in the family, or employment or government reassignment, not student neglect.

Students are responsible for contacting their instructors prior to the end of the semester, plus filing the appropriate completed and approved academic request form with the Registrar's Office. The "I" must be removed (by completing the remaining course requirements) no later than 60 calendar days after the close of the term or semester in which the grade was awarded, or the "I" will become an "F."

#### **Academic Honesty**

Absolute truth is an essential belief and basis of behavior for those who believe in a God who cannot lie and forbids falsehood. Academic honesty is the application of the principle of truth in the classroom setting. Academic honesty includes the basic premise that all work submitted by students must be their own and any ideas derived or copied from elsewhere must be carefully documented.

Academic dishonesty includes, but is not limited to:

- cheating of any kind,
- submitting, without proper approval, work originally prepared by the student for another course,
- plagiarism, which is the submitting of work prepared by someone else as if it were his own, and
- failing to credit sources properly in written work.

#### **Institutional Assessment**

Material submitted by students in this course may be used for assessment of the college's academic programs. Since programmatic and institutional assessment is done without reference to specific students, the results of these assessments have no effect on a student's course grade or academic standing at the college. Before submitting a student's work for this type of assessment, the course instructor redacts the work to remove anything that identifies the student.

# **Institutional Email Policy**

All official college email communications to students enrolled in this course will be sent exclusively to students' institutional email accounts. Students are expected to check their student email accounts regularly and to

respond in an appropriate and timely manner to all communications from faculty and administrative departments.

Students are permitted to setup automatic forwarding of emails from their student email accounts to one or more personal email accounts. The student is responsible to setup and maintain email forwarding without assistance from college staff. If a student chooses to use this forwarding option, he/she will continue to be responsible for responding appropriately to all communications from faculty and administrative departments of the college. Criswell College bears no responsibility for the use of emails that have been forwarded from student email accounts to other email accounts.

# **Identity Verification**

Students enrolled in Distance Education courses are required to present a photo ID to verify their participation in each course at the beginning of the term. Confirmation will occur through live-streamed meetings, video assignments, scheduled video conference calls, and/or another online video medium the instructor assigns.

#### **Disabilities**

Criswell College recognizes and supports the standards set forth in Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and similar state laws, which are designed to eliminate discrimination against qualified individuals with disabilities. Criswell College is committed to making reasonable accommodations for qualifying students, faculty, and employees with disabilities as required by applicable laws. For more information, please contact the Student Services Office.

# **Intellectual Property Rights**

Unless otherwise specifically instructed in writing by the instructor, students must neither materially nor digitally reproduce materials from any course offered by Criswell College for or with the significant possibility of distribution.

# **Resources and Support**

<u>Canvas and SONIS</u>: Criswell College uses Canvas as its web-based learning tool and SONIS for student data. Students needing assistance with Canvas should contact the Canvas Help Support line at (844) 358-6140. Tech support is available at this number, twenty-four hours a day. Students needing help with SONIS should contact the Campus Software Manager at studenttechsupport@criswell.edu.

<u>Student Services:</u> The Student Services Office exists to foster and encourage success in all areas of life—physical, intellectual, spiritual, social, and emotional. Students are encouraged to reach out for assistance by contacting the office at 214.818.1332 or <u>studentservices@criswell.edu</u>. Pastoral and certified counseling services are also available to Criswell students. Appointments are scheduled through the Dean of Students, at <u>deanofstudents@criswell.edu</u>.

<u>Wallace Library</u>: Students can access academic resources and obtain research assistance by contacting or visiting the Wallace Library, which is located on campus. For more information, email the Wallace Library at

<u>library@criswell.edu</u>. Offsite login information is available in Canvas in the "Criswell Student Training Course" under "Library Information."

<u>Tutoring Center</u>: Students are encouraged to consult with tutors to improve and enhance their skills and confidence in any subject matter taught at the college. Tutors have been recommended by the faculty to ensure that the tutor(s) are qualified to serve the student body. Every tutor brings experience and expertise in an effort to provide the proper resources for the subject matter at hand. To consult with a tutor, students can visit the Tutoring Center located on the second floor in room E203, or schedule an appointment by emailing tutoringcenter@criswell.edu or by calling 214.818.1373.

#### **Distance Education**

Students participating in courses through Distance Education, with or without live interaction, must complete the academic requirements for those courses with the integrity and commitment necessary to participate in and benefit from all of the exercises provided by the instructor for learning the subject matter of the course. Therefore, credit for Distance Education courses is the same as credit for courses taken on campus.

# **Course Outline/Calendar**

Week	Date	Reading	Topic	Assignment Due
1	1/18	Chapters 1 & 2	Introduction and Overview of Clinical Psychology	
2	1/25	Chapters 3 & 5	Ethics and Controversial topics within Clinical Psychology Career Applications	
3	2/1	Chapter 4	Diversity, cultural issues, and spiritual integration in Clinical psychology	Career Reaction Due
4	2/8	ONLINE	Via Canvas Chapters 1, 2, 3, 4, & 5	QUIZ 1 Discussion 1
5	2/15	Chapter 6 & 7	Diagnosis and Classification of Disorders And Research	
6	2/22	Chapter 8 & 11	Clinical Interview Psychotherapy Efficacy and Overview	
7	3/1	Chapters 9, & 10	Assessments	Personality Reaction Due
8	3/8	Chapter 12 & 13	Psychodynamic and Humanistic Psychotherapies	
	3/15	SPRING BREAK	NO CLASS	
9	3/22	ONLINE	Via Canvas Chapters 6, 7, 8, 9, 10, 11, 12, 13	Quiz 2 Discussion Question 2
10	3/29	Chapter 14 & 15	Behavioral and Cognitive Behavioral Psychotherapies	
11	4/5	Chapter 18	Health and Sports Psychology	CBT Reaction Due
12	4/12	Chapter 16	Group and Family Therapies	
13	4/19	Chapter 17	Child and Adolescent Psychotherapy	Genogram Reaction Due
14	4/26	Chapter 19	Forensic Psychology	Grad. Students Quiz and Discussion due by 4/26
15	5/3	ONLINE	Via Canvas Chapters 14, 15, 16, 17, 18, & 19	FINAL QUIZ DUE Discussion Question 3