



### **Class Information**

**Day and Time:** Spring 2020

**Room Number:** TBD

### **Contact Information**

**Instructor Name:** Shanon Thomas

**Instructor Email:** sthomas@criswell.edu

**Instructor Phone:** 469-338-8151

**Instructor Office Hours:** By Appointment Only

### **Course Description and Prerequisites**

A course treating any number of specific issues pertaining to psychology, sociology, and spirituality as it relates to the counseling profession. Course may be repeated for credit when the topic of study differs.

### **Course Objectives**

- Understand the importance of research in the area of Adolescent Therapies in advancing the counseling profession (CACREP Standard 8.a)
- Explore the major counseling theories, terminology, and techniques associated with Adolescent Therapies and the core features (CACREP Standard 8.b)
- Critically evaluate the counseling methods and techniques regarding these latest modalities in the field of Counseling and Psychology (CACREP Standard 8.c)
- Explore how research findings are used to promote evidenced-based counseling practice (CACREP Standard 8.e)
- Incorporate ethical, cultural, and research-based strategies in the area of Adolescent Therapies into the student's clinical practice with clients (CACREP Standard 8.f)

### **Required Textbooks**

Kress, V. E., Paylo, M. J., & Stargell, N. A. (2019). *Counseling children and adolescents*. NY, NY: Pearson.

ISBN: 9780134745138

### **Course Requirements and Assignments**

1. 400 points of the student's grade will be based on the completion of four case conceptualizations. Cases will be provided by the instructor. Cases will be conceptualized using the I CAN START method outlined in chapter 9 of the textbook. Dates will be posted in Canvas.

2. 200 points of the student's grade will be based on four reading quizzes (multiple choice) administered through Canvas (dates to be posted).
  - a. Quiz #1 – Chapters 1-4 – Due 2/20/20
  - b. Quiz #2 – Chapters 5-9 – Due 3/26/20
  - c. Quiz #3 – Chapters 10-14 – 4/9/20
  - d. Quiz #4 – Chapters 15-19 – 5/7/20
  
3. 200 points of the student's grade will be based on the completion of case study PowerPoint presentation. The subject of the presentation does not have to be a client the student has or is currently treating. The subject can be hypothetical if the student chooses. The components of the PowerPoint should include:
  - a. Client Demographics (age, ethnicity, family structure, socio economics)
  - b. DSM-5 Diagnosis (include differential and comorbid diagnosis)
  - c. Symptomology (include examples of the symptoms the client experiences and how they meet the criteria for diagnosis)
  - d. Assessments (include and explain each assessment used to determine diagnosis)
  - e. Treatment Plan (include a session by session treatment plan with a minimum of 10 sessions. This includes from the first session to the termination. Be sure to include how you will measure progress, and when and how you will conduct parent updates or consults).
  - f. Interventions to be used in each session (this should include the name and description of each intervention). There should be at least two interventions in each session. Interventions can repeat. The description only has to appear on the first time the intervention is introduced in the PowerPoint.
  - g. Goals and Objectives (provide goals and objectives of the treatment plan)
  - h. Spiritual Integration (include integrating spirituality into the treatment goals and planning. Assume that the parents are seeking integration as part of treatment.
  
4. The PowerPoint presentation:
  - a. Should be audio based with automatic slide advance. The student's voice should narrate presenting the case material.
  - b. Should be professional with the intended audience being other professional counselors
  - c. There should be a minimum of 20 narrated slides (each session should be an individual slide).
  - d. Images should be included where appropriate (APA citations included)
  - e. Reference page (APA format)

Case Conceptualizations	400
Quizzes	200
PowerPoint	<u>200</u>
<b>TOTAL POSSIBLE POINTS</b>	<b>800</b>

A	737 to 800
A-	713 to 736
B+	689 to 712
B	657 to 688
B-	633 to 656
C+	609 to 632
C	577 to 608
C-	553 to 576
D+	529 to 552
O	497 to 528
D-	473 to 496
F	0 to 472

### **Class Attendance**

Students are responsible for enrolling in courses for which they anticipate being able to attend every class session on the day and time appearing on course schedules, and then making every effort to do so. When unavoidable situations result in absence or tardiness, students are responsible for acquiring any information missed. Professors are not obliged to allow students to make up missed work. Per their independent discretion, individual professors may determine how attendance affects students' ability to meet course learning objectives and whether attendance affects course grades.

### **Grading Scale**

A	93-100	4.0 grade points per semester hour
A-	90-92	3.7 grade points per semester hour
B+	87-89	3.3 grade points per semester hour
B	83-86	3.0 grade points per semester hour
B-	80-82	2.7 grade points per semester hour
C+	77-79	2.3 grade points per semester hour
C	73-76	2.0 grade points per semester hour
C-	70-72	1.7 grade points per semester hour
D+	67-69	1.3 grade points per semester hour
D	63-66	1.0 grade point per semester hour
D-	60-62	0.7 grade points per semester hour
F	0-59	0.0 grade points per semester hour

### **Incomplete Grades**

Students requesting a grade of Incomplete (I) must understand that incomplete grades may be given only upon approval of the faculty member involved. An "I" may be assigned only when a student is currently passing a

course and in situations involving extended illness, serious injury, death in the family, or employment or government reassignment, not student neglect.

Students are responsible for contacting their professors prior to the end of the semester, plus filing the appropriate completed and approved academic request form with the Registrar's Office. The "I" must be removed (by completing the remaining course requirements) no later than 60 calendar days after the grade was assigned, or the "I" will become an "F."

## **Academic Honesty**

Absolute truth is an essential belief and basis of behavior for those who believe in a God who cannot lie and forbids falsehood. Academic honesty is the application of the principle of truth in the classroom setting. Academic honesty includes the basic premise that all work submitted by students must be their own and any ideas derived or copied from elsewhere must be carefully documented.

Academic dishonesty includes, but is not limited to:

- cheating of any kind,
- submitting, without proper approval, work originally prepared by the student for another course,
- plagiarism, which is the submitting of work prepared by someone else as if it were his own, and
- failing to credit sources properly in written work.

## **Institutional Email Policy**

All official college email communications to students enrolled in this course will be sent exclusively to students' institutional email accounts. Students are expected to check their student email accounts regularly and to respond in an appropriate and timely manner to all communications from faculty and administrative departments.

Students are permitted to setup automatic forwarding of emails from their student email accounts to one or more personal email accounts. The student is responsible to setup and maintain email forwarding without assistance from college staff. If a student chooses to use this forwarding option, he/she will continue to be responsible for responding appropriately to all communications from faculty and administrative departments of the college. Criswell College bears no responsibility for the use of emails that have been forwarded from student email accounts to other email accounts.

## **Disabilities**

Criswell College recognizes and supports the standards set forth in Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and similar state laws, which are designed to eliminate discrimination against qualified individuals with disabilities. Criswell College is committed to making reasonable accommodations for qualifying students, faculty, and employees with disabilities as required by applicable laws. For more information, please contact the Student Services Office.

## **Intellectual Property Rights**

Unless otherwise specifically instructed in writing by the professor, students must neither materially nor digitally reproduce materials from any course offered by Criswell College for or with the significant possibility of distribution.

## **Resources and Support**

Canvas and SONIS: Criswell College uses Canvas as its web-based learning tool and SONIS for student data. Students needing assistance with Canvas should contact the Canvas Help Support line at (844) 358-6140. Tech support is available at this number, twenty-four hours a day. Students needing help with SONIS should contact the Campus Software Manager at [studenttechsupport@criswell.edu](mailto:studenttechsupport@criswell.edu).

Student Services: The Student Services Office exists to foster and encourage success in all areas of life—physical, intellectual, spiritual, social, and emotional. Students are encouraged to reach out for assistance by contacting the office at 214.818.1332 or [studentservices@criswell.edu](mailto:studentservices@criswell.edu). Pastoral and certified counseling services are also available to Criswell students. Appointments are scheduled through the Dean of Students, at [deanofstudents@criswell.edu](mailto:deanofstudents@criswell.edu).

Wallace Library: Students can access academic resources and obtain research assistance by visiting the Wallace Library, which is located on campus. For more information, go to the library website, or email the Wallace Library at [library@criswell.edu](mailto:library@criswell.edu).

Writing Center: Students are encouraged to consult with writing tutors to improve and enhance their skills and confidence by practicing techniques of clear and effective writing. To consult with a tutor, students can visit the Writing Center located on the first floor near the Computer Lab, or they can schedule an appointment by emailing [writingcenter@criswell.edu](mailto:writingcenter@criswell.edu) or calling 214.818.1373.

## **Course Outline/Calendar**