



Online Course Syllabus

CSL 550 L00.A

Addiction Counseling

Spring, 2019

Contact Information

Instructor Name: Prof. Elgrie J. Hurd III, M.A., A.B.D.

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Instructor Office Hours: TBD

Course Description and Prerequisites

This course introduces methods for counseling those struggling with substance and behavioral addictions. Students learn how to combine basic counseling skills and theoretical approaches with specific knowledge of this client population. Exploration of different models of formulation and treatment including the medical, psychological, and spiritual modalities. Students learn the stages of change and how to help clients transition through them, using motivational interviewing techniques, psychoeducation, and group dynamics.

Course Objectives

- Explore different models of formulation and treatment including the medical, psychological, and spiritual modalities
- Analyze substance and behavioral addictions.
- Identify stages of change and how to help clients transition through them, using motivational interviewing techniques, psychoeducation, and group dynamics.
- Distinguish counseling skills and theoretical approaches with specific knowledge of this client population.

Required Textbooks

Required: Alcoholics Anonymous World Services, Inc. (2001). *Alcoholics anonymous* (4th ed.). New York, NY: Alcoholic Anonymous World Services, Inc. ISBN#1-893007-162

Stevens, P.W., & Smith, R.L. (2018). *Substance abuse counseling: Theory and practice*. (6th ed.). New York, NY: Pearson. ISBN#978-0-13-405593-0.

Recommended Reading

Additional articles will be assigned throughout the semester

Course Requirements and Assignments

EVALUATION

Evaluation will consist of:

1. Class Participation and Attendance - Maximum 300 points (20 points/week)
 - a. Participation will be an objective grade based on students' attendance, interacting with classmates and/or instructor, and the ability to answer questions during class.
2. 12-Step Meeting Attendance Assignments (2) – 100 points each
 - a. Each student will attend one OPEN AA or CA meetings and one additional OPEN process addiction meeting (OA, GA, ABA, Al-Anon, CODA, SLAA). For each meeting attended, student will submit a 3-page reaction paper with his/her impressions of each meeting, including emotional reaction, clinical perspective, and general observations and experience.
3. Speaker Reaction Assignment (2) – 100 points each
 - a. Each student will listen to the following 12-step speakers and write a 2-page reaction paper for each
4. Personal History Assignment – 100 points
 - a. Students will write a personal history of substance abuse and/or addiction in their family or close circle. Should be 4-6 pages.
5. Class Presentation Assignment – 100 points
 - a. Students will select a special topic relating to substance abuse that is not covered in this course and do a thorough class presentations. Presentations should include a minimum of 5 references and be a minimum of 20 minutes.

COURSE GRADES

A = 900 - 810 points

D = 629 - 540 points

B = 809- 720 points

F = 539 points & below

C = 719 – 630 points

All grades are final. Grades are based on performance not need. Grades are non-negotiable. in the course document section.

INSTRUCTIONAL STRATEGY

Internet use, group discussions, internet demonstrations, and assigned activities will be utilized to achieve course objectives.

COMMUNICATION WITH YOUR INSTRUCTOR

I try to review and grade all newly posted material at least once a day. Also, you can expect me to respond to your emails normally within 24 hours. Be aware that while this is my general and intended practice, it is subject to the changes and chances of life.

Course/Classroom Policies and Information

LATE WORK POLICY

Ample time has been allotted to complete each activity. All assignments are expected on or before the deadline indicated in the syllabus. I am certainly willing to work with you through extenuating personal circumstances should the need arise to submit a late essay. Any student that needs to submit a late paper must contact me in advance of the deadline for approval and to make alternative arrangements. You will be required to provide some form of written documentation in order to substantiate a request to submit a late assignment.

If approved, late work will be considered for up to 50% of the original value of an assignment. Late work must be submitted within two calendar days (48 hours) of the original deadline (including weekends and holidays). If the assignment has not been submitted within the time allotted after the original deadline, it will receive a zero. Due to time constraints, late work will not be accepted in the final unit of the course (the final course deadline). Tests, discussion forum activities and extra credit are excluded from the late work policy and are due by the stated deadline.

CELL PHONES

Cell phones are not allowed in the testing center. All cell phones, beepers and any other electronic equipment will be turned off or placed on silent during class.

Attendance

Students are responsible for enrolling in courses for which they anticipate being able to participate weekly during the weeks appearing on course schedules, and then making every effort to do so. Such participation may include the following: completing quizzes or exams; emailing faculty or class members as part of an assignment; discussion board posting or response; turning in an assignment; or other communication reflecting ongoing learning in the course. When unavoidable situations result in non-participation, students are responsible for acquiring any information missed. Professors are not obliged to allow students to make up missed work. Per their independent discretion, individual professors may determine how participation affects students' ability to meet course learning objectives and whether participation affects course grades..

Grading Scale

A	97-100	4.0 grade points per semester hour
A-	93-96	3.7 grade points per semester hour
B+	91-92	3.3 grade points per semester hour
B	88-90	3.0 grade points per semester hour
B-	86-87	2.7 grade points per semester hour
C+	83-85	2.3 grade points per semester hour
C	80-82	2.0 grade points per semester hour
C-	78-79	1.7 grade points per semester hour
D+	75-77	1.3 grade points per semester hour
D	72-74	1.0 grade point per semester hour
D-	70-71	0.7 grade points per semester hour
F	0-69	0.0 grade points per semester hour

Incomplete Grades

Students requesting a grade of Incomplete (I) must understand that incomplete grades may be given only upon approval of the faculty member involved. An "I" may be assigned only when a student is currently passing a course and in situations involving extended illness, serious injury, death in the family, or employment or government reassignment, not student neglect.

Students are responsible for contacting their professors prior to the end of the semester, plus filing the appropriate completed and approved academic request form with the Registrar's Office. The "I" must be removed (by completing the remaining course requirements) no later than 60 calendar days after the grade was assigned, or the "I" will become an "F."

Academic Honesty

Absolute truth is an essential belief and basis of behavior for those who believe in a God who cannot lie and forbids falsehood. Academic honesty is the application of the principle of truth in the classroom setting. Academic honesty includes the basic premise that all work submitted by students must be their own and any ideas derived or copied from elsewhere must be carefully documented.

Academic dishonesty includes, but is not limited to:

- cheating of any kind,
- submitting, without proper approval, work originally prepared by the student for another course,
- plagiarism, which is the submitting of work prepared by someone else as if it were his own, and
- failing to credit sources properly in written work.

Institutional Email Policy

All official college email communications to students enrolled in this course will be sent exclusively to students' institutional email accounts. Students are expected to check their student email accounts regularly and to respond in an appropriate and timely manner to all communications from faculty and administrative departments.

Students are permitted to setup automatic forwarding of emails from their student email accounts to one or more personal email accounts. The student is responsible to setup and maintain email forwarding without assistance from college staff. If a student chooses to use this forwarding option, he/she will continue to be responsible for responding appropriately to all communications from faculty and administrative departments of the college. Criswell College bears no responsibility for the use of emails that have been forwarded from student email accounts to other email accounts.

Disabilities

Criswell College recognizes and supports the standards set forth in Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and similar state laws, which are designed to eliminate discrimination against qualified individuals with disabilities. Criswell College is committed to making reasonable accommodations for qualifying students, faculty, and employees with disabilities as required by applicable laws. For more information, please contact the Student Services Office.

Intellectual Property Rights

Unless otherwise specifically instructed in writing by the professor, students must neither materially nor digitally reproduce materials from any course offered by Criswell College for or with the significant possibility of distribution.

Resources and Support

Canvas and CAMS: Criswell College uses Canvas as its web-based learning tool and CAMS for student data. Students needing assistance with Canvas should contact the Canvas Help Support line at (844) 358-6140. Tech support is available at this number twenty-four hours a day. Students needing help with CAMS should contact the Campus Software Manager at bstifle@criswell.edu.

Student Services: The Student Services Office exists to foster and encourage success in all areas of life—physical, intellectual, spiritual, social, and emotional. Students are encouraged to reach out for assistance by contacting the office at 214.818.1332 or studentservices@criswell.edu. Pastoral and certified counseling services are also available to Criswell students. Appointments are scheduled through Dr. Jeff Campbell, Dean of Students, at jcampbell@criswell.edu.

Wallace Library: Students can access academic resources and obtain research assistance by visiting the Wallace Library, which is located on campus. For more information, go to the library website, or email the Wallace Library at library@criswell.edu.

Writing Center: Students are encouraged to consult with writing tutors to improve and enhance their skills and confidence by practicing techniques of clear and effective writing. To consult with a tutor, students can visit the Writing Center located on the first floor near the Computer Lab, or they can schedule an appointment by emailing writingcenter@criswell.edu or calling 214.818.1373.

Distance Education

Students participating in courses through Distance Education, with or without live interaction, must complete the academic requirements for those courses with the integrity and commitment necessary to participate in and benefit from all of the exercises provided by the professor for learning the subject matter of the course. Therefore, credit for Distance Education courses is the same as credit for courses taken on campus.

Distance education students can access information about Criswell College’s Wallace Library at http://www.criswell.edu/current_students/library/. The Wallace Library manual is available at http://www.criswell.edu/current_students/library/library_handbook/.

Course Outline/Calendar

Date	Assigned Reading	Topics	Assignments Due
21-Jan	No School; MLK Holiday		

28-Jan	SUC: Chapters 1, 4	Introductions, Review of Syllabus, Addiction Counseling Theories, Prevention and Intervention Strategies	
4-Feb	AA Book: Forward - Chapter 3	Understanding Addiction	
11-Feb	SUC: Chapter 3	Major Substances of Abuse	
18-Feb	SUC: Chapter 5	Assessment, Diagnosis and Treatment Planning	
25-Feb	SUC: Chapters 7, 8	Stages of Changes and Motivational Interviewing, Individual and Group Therapy	
4-Mar	SUC: Chapter 6	Interventions and Getting Clients into Treatment	Speaker Assignment #1
11-Mar		SPRING BREAK	
18-Mar	SUC: Chapter 9	Family Counseling	Speaker Assignment #2
25-Mar	SUC: Chapter 2	Process Addictions, Ethical and Legal Issues	Personal History Assignment
1-Apr	AA Book: Chapters 4-7	The Twelve Steps	
8-Apr	SUC: Chapter 10	Relapse Prevention and Recovery Maintenance	
15-Apr	SUC: Chapter 11	Class Presentations	Class Presentations
22-Apr	SUC: Chapter 12	Special Populations and Cultural Issues	12-Steps Meeting Assignments
29-Apr	AA Book: Chapters 8-11, Appendix	Dual Diagnosis	
6-May	Chapters 13, 14	Addiction and Ministry Prevention	
13-May		NO CLASS	